## Example Schedule

| TIME | TASK |
| :---: | :---: |
| 4:00-4:30 | Arrive at home and eat snack |
| 4:30-6:00 | Homework / Study |
| 6:00-7:00 | Eat dinner and complete chores |
| 7:00-8:00 | Homework / Study |
| 8:00-9:00 | Free time |
| 9:00 | Bedtime |

